

KS2 Religion and Worldviews

How do Sikhs show commitment?

KS2 Religion and Worldviews

6.1 How do Sikhs show commitment?

About this unit: This unit further develops the knowledge and understanding of Sikhism including worship practices and invites pupils to reflect on areas of faith in action in Sikhism. The content of the unit supports pupils to understand and evaluate concepts such as values (and how they inform religious practice), symbols, commitment and service within Sikhism. In so doing, the unit also enables pupils to reflect on the significance of these concepts in their own lives.

Where this unit fits in: This unit helps to fulfil the following requirements of the syllabus:

A. Investigate **the beliefs and practices of religions and other world views**, including:

2. **Worship and Spirituality:** how individuals and communities express belief, commitment and emotion;

B. Investigate how religions and other world views address **questions of meaning, purpose and value**, including:

2. **Ultimate Questions** of belonging, meaning, purpose and truth;

C. Investigate how religions and other world views influence **morality, identity and diversity**, including:

2. **Identity and Diversity:** diversity among and within religions and other world views; individual and community responses to difference and shared human values.

The religion studied in this unit: Sikhism

Estimated teaching time for this unit: 8 hours



Vocabulary	Resources
<p>In this unit, pupils will have an opportunity to use words and phrases related to:</p> <ul style="list-style-type: none"> • Guru Gobind Singh • Guru Granth Sahib • Khalsa • Amrit • Baptism • Sewa • Langar • The 5Ks (Kesh – uncut hair, Kangha – comb, 	<p>Books</p> <ul style="list-style-type: none"> • Inspiring RE No. 5: Sikhs (RE Today) ISBN 978-1-910261-36-1 • My Religion and Me: We are Sikhs (Franklin Watts) ISBN 978-1-4451-3890-9 <p>Websites:</p> <ul style="list-style-type: none"> • www.sikhnet.com (a range of excellent story-videos here) • www.sikhs.org • www.sikhiwiki.org <p>Film</p> <ul style="list-style-type: none"> • BBC DVD – ‘Pathways of Belief’: Part Two includes an introduction to the 5Ks, the story of Guru Gobind Singh, the Khalsa and the amrit ceremony at Baisakhi. Part One includes an explanation of

KS2 Religion and Worldviews

6.1 How do Sikhs show commitment?

<p>Kara – wrist band, Kachera – short trousers, Kirpan – sword)</p> <ul style="list-style-type: none"> • Khanda symbol 	<p>Sewa and the Langar. Extracts are available online at BBC Bitesize www.bbc.com/bitesize</p>
---	--

EXPECTATIONS - Informed by ongoing assessment throughout the unit:

<p>Pupils working towards the age related expectations will:</p> <ul style="list-style-type: none"> • Explore Sikh practices and celebrations in the home and in the community • Use some religious words to talk about Sikh beliefs and stories • Begin to express ideas by asking and responding to questions about Sikh ways of life 	<p>Pupils working at the age related expectations (ARE) for Year 6 will be able to:</p> <ul style="list-style-type: none"> • Summarise some features of Sikh practice (e.g. sewa, prayer) in the home and in the community • Using a developing religious vocabulary, explain and give reasons for some Sikh beliefs and symbols (e.g. Khanda, 5Ks) considering the meanings behind them • Discuss and apply ideas about Sikh practices and beliefs, recognising the challenges and value of belonging to the Sikh community 	<p>In order to broaden and deepen their learning, some pupils might:</p> <ul style="list-style-type: none"> • Compare and contrast Sikh beliefs and ways of life with those of other faiths • Investigate and present ideas about the impact of Sikh beliefs and practices on individuals and communities
---	--	--

KS2 Religion and Worldviews

6.1 How do Sikhs show commitment?

ASSESSMENT SUGGESTIONS

Create an imaginary task for students- the local library has decided to put together boxes of pictures and artefacts for schools and other groups to borrow. They have asked your class to choose the relevant resources to go in the box, which the library will buy, and create information cards for teachers including information about the artefacts and questions to ask the children in their class.

Pupils will need to explain the meaning of the artefacts and pictures, using religious vocabulary. The questions they suggest will draw out the significance and meaning of the artefacts, and may make comparisons with artefacts/practices from other religions. Ask pupils to work in groups to complete this task.

CONTRIBUTION TO SMSC DEVELOPMENT

- **Spiritual development** – reflect on personal beliefs and values in response to Sikh stories, beliefs and practices
- **Moral** – develop understanding of equality and social justice in response to Sikh values
- **Cultural development** – develop appreciation of Sikh heritage globally and locally
- **Social development** – development of transferable social skills through collaborative learning with peers
-

KS2 Religion and Worldviews

6.1 How do Sikhs show commitment?

Key Questions	Learning Objectives Pupils should:	Teaching and Learning Opportunities	Learning Outcomes Pupils:	Wider Learning Opportunities / Points To Note
What Values are important?	Explore values and understand that people have different ideas about what is important.	<p>Values are things that we think are important or valuable (e.g. love, sharing, generosity, equality, friendship, learning). We show if these things are really important by the way we act.</p> <p>Activity Ideas:</p> <ul style="list-style-type: none"> Ask pupils to come up with a list of values that people might think are important. Suggest some ways in which people could demonstrate important values in their own lives. What is the difference between saying something is important and actually doing something about it? Explore what values pupils have, why they hold them, and how they show them in their own lifestyles. Play the Values Game (Resource pack). Discuss the values pupils have prioritised/ discarded. Explain their reasons. 	<p>Discuss and compare a range of important values</p> <p>Apply ideas to their own experiences and values.</p> <p>Weigh up different points of view</p>	

KS2 Religion and Worldviews

6.1 How do Sikhs show commitment?

<p>How do Sikhs show commitment to their faith through religious practice?</p>	<p>Understand how Sikhs demonstrate values through daily religious observance.</p> <p>Reflect on and consider own values.</p>	<p>Make links to previous work on Guru Granth Sahib from Lower Key Stage 2 with reminders about the treatment of the Guru Granth Sahib at home and in the Gurdwara.</p> <p>Each day, the Guru Granth Sahib is respectfully uncovered at dawn by a baptized Sikh. Those present recite the <i>ardas</i> prayer (see resource pack). It is then opened randomly; the top left passage is read aloud to those present to contemplate. At the end of the day the closing ritual <i>sukhasan</i> (literally – to sit comfortably) is performed, which includes <i>ardas</i> and evening prayers before the book is closed, wrapped in the rumalas and put away. Before saying prayers, Sikhs quietly recite the Mool (Mul) Mantar to concentrate their minds.</p> <p>Discuss why Sikhs might start and end their day in this way.</p> <p>Activity idea</p> <ul style="list-style-type: none"> • Stilling activity: time to think about our own values (see resource pack) 	<p>Summarise and give reasons for Sikh daily practice</p> <p>Reflect on personal values and make links with Sikh beliefs</p>	<p>NB: Sikhs remove shoes, cover head, bow in front of Guru Granth Sahib to show respect. The Guru Granth Sahib is on a raised platform and draped in luxurious cloths (rumala). It is protected by a canopy and fanned when opened as a sign of attentive respect.</p> <p>See resource pack for further information about worship.</p>
---	---	--	--	---

KS2 Religion and Worldviews

6.1 How do Sikhs show commitment?

Key Questions	Learning Objectives Pupils should:	Teaching and Learning Opportunities	Learning Outcomes Pupils:	Wider Learning Opportunities / Points To Note
<p>What symbols are important to Sikhs?</p> <p>How do Sikhs show commitment to their faith through the use of symbols?</p>	<p>Understand Sikh belief about symbols of identity and what they represent.</p>	<p>Introduce pupils to Sikh artefacts, including the 5Ks.</p> <p>Activity ideas:</p> <ul style="list-style-type: none"> • Produce a tray of artefacts or pictures connected to Sikhism. The tray is covered with a cloth. Divide the class into groups of five. Each child in the group is numbered 1-5. All the ‘number ones’ have 30 seconds to look at the items and remember as much as possible. Write or draw this onto a large sheet in the group. Repeat for number twos, threes etc in turn until as full as possible a picture is built up. • Introduce pupils to the 5Ks worn by Khalsa Sikhs – Kesh (uncut hair), kangha (comb), kara (a steel wrist band), Kachera (short trousers), kirpan (sword). Pupils undertake further research on the 5Ks. Ask groups of pupils to research what each symbol represents and why it is worn. Groups to create a short presentation/poster of their findings. • Watch the BBC DVD or Bitesize clip about the 5Ks. Make notes about the meaning and importance of each of the symbols. 	<p>Identify and explain Sikh symbols, including the 5Ks</p>	<p>BBC DVD – ‘Pathways of Belief’: Part Two includes an introduction to the 5Ks. Also available in BBC Bitesize. https://www.bbc.com/bitesize/clips/z3sb9j6</p> <p>See Resource Pack for an introduction to the 5Ks.</p> <p>See resource pack for explanation of the symbolism and importance of swords and other weapons in Sikh belief and practice.</p>
<p>How are Sikh beliefs about commitment represented in their teachings?</p>	<p>Investigate how Sikh teachings and stories influence Sikh practice.</p>	<p>Investigate the story of Guru Gobind Singh – calling the 5 faithful ones (Panj Pujari) and the creation of the Khalsa. (See Resource pack). This event leads to the Kirpan being given to Sikhs – defending the faith. Sikhs should be willing to die for their faith. The Kirpan that Sikhs carry today is symbolic of this.</p> <p>Activity ideas:</p>	<p>Summarise and explain how Sikh teachings and stories influence Sikh practice.</p>	<p>BBC DVD – ‘Pathways of Belief’: Part Two includes an animated retelling of the story of Guru Gobind Singh and the creation of the Khalsa.</p>

KS2 Religion and Worldviews

6.1 How do Sikhs show commitment?

		<ul style="list-style-type: none">• Act out the story. Pupils Imagine how they might have responded, if they had been there.• Produce a newspaper report on this event; 'interview' some of the participants	Weigh up different points of view about the Kirpan	BBC Bitesize: https://www.bbc.com/bitesize/topics/zsjpyrd/resource/s/1
--	--	---	--	--

THIS IS ONLY A SAMPLE OF PART OF THE UNIT - OTHER LESSONS FOLLOW IN FULL UNIT

SAMPLE